



A Special Glow For The Holiday Season

Facial Rejuvenation Acupuncture

Facial Rejuvenation Acupuncture also known as an Acupuncture Facelift, is a non-surgical method of reducing the signs of aging while simultaneously revitalizing the whole body. Not only will you look younger, you will also feel reenergized.

Founded on the principles of Oriental Medicine, Facial Acupuncture offers a more holistic approach to achieving natural beauty.



Does it really make a difference?

Yes! The *International Journal of Clinical Acupuncture* reported that among 300 people who received facial acupuncture, 90% saw visible results after one treatment. Our experience suggests similar results with patients reporting improvement in the appearance of wrinkles, complexion and overall rejuvenation.

Alternative to a surgical face-lift?

Facial Rejuvenation Acupuncture is an excellent alternative to cosmetic surgery. It is far less costly and safe, virtually painless, has no side effects or risk of disfigurement. While Facial Acupuncture is not a replacement for surgery if one is trying to reshape a nose or chin, it will take years off of your face safely

AcuFresh - Facial Rejuvenation

AcuFresh is a unique style of Facial Rejuvenation inspired by Oriental and European flair which you will not find anywhere else. It combines facial and whole body acupuncture, Bio Peeling, massage with Pure Essential Oils Serum from Switzerland, toning of facial muscles, BEMER 3000 SLT light and pulsed electromagnetic mat therapy. A 2-hour session of pure relaxation and bliss.

Your face is unique!

For long lasting results of the session, you may choose to have your own, uniquely custom-made, acu-magnetic mask crafted to fit the unique contour of your face.



Magnets will be located strategically on your own acupuncture points and wrinkles, influencing the physiological processes in your skin over time. The mask is used in support of the rejuvenation treatment which revitalizes and re-nourishes the body's tissues, softening the skin and diminishing fine wrinkles.

What are the effects?

- gives vitality to the skin
- improves complexion and tightens pores
- restores elasticity and increases muscle tone
- boosts radiance
- reduces the appearance of fine lines and wrinkles

Bio-Peeling - Unique in the USA

Bio-Peeling is a technological revolution in skin regeneration from France and so new to the United States that it is available to you *exclusively* at Vie Harmony.

Bio-Peeling exfoliates and hydrates the keratinized skin layers with safe and painless micro-currents, while the skin stays in tact. As you lie down and relax, you feel gentle circular motions that provide a warm, soothing massage. There are no harsh chemicals or abrasion, so that inflammation and irritation can be avoided. Once your skin is completely clean and stimulated, collagen nourishment is worked into the skin, leaving your skin toned and baby soft.



- Wrinkles and Sun Damage
- Enlarged Pores
- Brown or Age Spots
- Freckles and Hyperpigmentation
- Melasma (mask of pregnancy)
- Acne and Acne Scars

Anne Bernard
L.Ac. Dipl.O.M.

Acupuncture & Naturopathy

200 Fourth Street, Suite D
Petaluma, CA 94952

Phone: (707) 762 1941
Email: anne@vieharmony.com
Web: www.vieharmony.com



* Statements have not been evaluated by the Food and Drug Administration (FDA). Products are not intended to diagnose, treat, cure, or prevent any disease.